



**Matthew Woods has a severe form of epilepsy, as well as Down Syndrome.**

He started riding with RDA Northern Area when he was four. When he first began riding, he could not sit unsupported due to extremely low muscle tone, and would only tolerate being on a horse for five minutes.

With the persistence of a handful of volunteers Matthew gradually extended the time he spent on a pony.

His giggles of delight make everyone smile. After four years, he proudly sits bolt upright without support. Matthew shows pleasure when we talk about riding on "his horse", and gives his pony Midge an unprompted gentle "thank you" pat on the nose after his ride each Wednesday.

ABOVE: Matthew Woods rides high at Riding for the Disabled Northern Area centre on RDA pony "Midge", supported by volunteers Ed, Tony and Ian.

***"RDA is without doubt the best thing we have organised for Matthew," says his mum Ronni.***



## You can help riders like Matthew by making a tax deductible gift to Riding for the Disabled SA

\$500     \$200     \$100     \$50     other \$ .....

Title: (Mr/Mrs/Ms/Dr) Name .....  
(first name) (surname)

Address .....  
 ..... Postcode .....

Phone (h): ..... Mobile: ..... Email: .....

My cheque to "Riding for the Disabled SA" is enclosed for \$ ..... or

Credit card:  Visa     Mastercard No \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Expiry: \_\_\_\_ / \_\_\_\_

Cardholder Name: ..... Signed .....

Please send me details of how I can endow Riding for the Disabled in my Will

I have included Riding for the Disabled SA in my Will

***RDA SA is a registered Charity. All donations over \$2.00 are tax deductible. Receipt will be issued.***

**Riding for the Disabled Assoc SA Inc, 215 Portrush Road, Maylands, SA, 5069**  
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